

LEAGUE SPORTS

Whether you want to try your hand at something new or just want to continue playing your favourite sport, UBC REC's League Sports has something for you. You'll find all the classics like ice hockey, basketball, volleyball, football, and soccer. Ultimate and dodgeball are options for those looking to broaden their horizons. New to the league sports line-up for 10/11 is the extension of our SRC Futsal League to include play in the first semester. With a competition structure that accommodates participants of all levels, from Elite leagues for those who have played for years to Tier 4 CoRec leagues which are purely recreational and are unaffiliated. Split into Fall and Winter seasons, registration for leagues fills up quickly! Round up a team and don't miss out on the many league sports UBC REC offers.

BODIN BALL HOCKEY LEAGUE

Street hockey without all those pesky cars! Helmet, gloves, and a stick are all you need to get going in this action packed sport. The non-contact league has been a staple of the program for years. All games take place in the enclosed concrete Gym F at Osborne Centre. A limited number of helmets are available for one-time use at the registration table. It is mandatory that all participants in the league wear a CSA approved helmet with full shield or a half visor with a mouth guard.

League Information

Location: Osborne Gym F

League Notes: Participants may play on 1 single gender team, and 1 Tier 4 CoRec team

Equipment Regulations: Helmet with full cage or half shield with a mouth guard, and hockey gloves are required. Goalie equipment is not available through UBC REC.

Min - Max Registrants: 8 - 20

Max # of Imports: 3

Min to Start Play: 4

CoRec Definition: 2 of each gender out on the court, goalie can be either gender

Days of Play: Mon, Tue, Thu, Sat, Sun



NITOBE BASKETBALL LEAGUE

The Nitobe Basketball league features full court 5 on 5 play in Student Recreation Centre and in War Memorial gym for teams in the Elite tier. Whether you are reliving your high school glory days, or just want to learn the game and have a good time, this league has something for everyone.

League Information

Location: Student Recreation Centre and War Memorial Gyms

League Notes: Participants may play on 1 single gender team, 1 competitive CoRec team, and 1 Tier 4 CoRec team

Equipment Regulations: Non-marking shoes are required

Min - Max Registrants: 8 - 20

Max # of Imports: 3

Min to Start Play: 4

CoRec Definition: 2 of each gender minimum

Days of Play: Mon, Wed, Thu, Sat, Sun



	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Elite Mens	\$106.50	28333		
	Tier 1 Mens	\$90.50	28334	\$225	28328
	Tier 1 Womens	\$90.50	28336	\$225	28330
	Tier 2 Mens	\$90.50	28335	\$225	28329
	Tier 2 Womens	\$90.50	28337	\$225	28331
	Tier 4 CoRec	\$58.50	28338	\$175	28332
Winter	Elite Mens	\$106.50	28344		
	Tier 1 Mens	\$90.50	28345	\$225	28339
	Tier 1 Womens	\$90.50	28347	\$225	28341
	Tier 2 Mens	\$90.50	28346	\$225	28340
	Tier 2 Womens	\$90.50	28348	\$225	28342
	Tier 4 CoRec	\$58.50	28349	\$175	28343

	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Elite Mens	\$106.50	28357		
	Elite Womens	\$106.50	28360		
	Tier 1 Mens	\$90.50	28358	\$225	28350
	Tier 1 Womens	\$90.50	28361	\$225	28352
	Tier 1 CoRec	\$90.50	28365	\$225	28355
	Tier 2 Mens	\$90.50	28359	\$225	28351
	Tier 2 Womens	\$90.50	28362	\$225	28353
	Tier 4 CoRec	\$58.50	28364	\$175	28354
Winter	Elite Mens	\$106.50	28373		
	Elite Womens	\$106.50	28376		
	Tier 1 Mens	\$90.50	28374	\$225	28366
	Tier 1 Womens	\$90.50	28377	\$225	28368
	Tier 1 CoRec	\$90.50	28381	\$225	28371
	Tier 2 Mens	\$90.50	28375	\$225	28367
	Tier 2 Womens	\$90.50	28378	\$225	28369
	Tier 4 CoRec	\$58.50	28380	\$175	28370

SRC FUTSAL LEAGUE

Escape soggy shoe syndrome and come on inside! Expanded for the 2010/2011 school year to be offered in both semesters, this extremely popular, fast paced sport is played in the Student Recreation Centre. A kicking good time is just waiting to be had.

League Information

Location: Student Recreation Centre

League Notes: Participants may play on 1 single gender team, 1 competitive CoRec team, and 1 Tier 4 CoRec team

Equipment Regulations: Non-marking shoes are required and shin guards are recommended

Min - Max Registrants: 8 - 20

Max # of Imports: 3

Min to Start Play: 4

CoRec Definition: 2 of each gender out on the court, goalie can be either gender

Days of Play: Mon, Sat, Sun



	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Tier 1 Mens	\$90.50	28392	\$225	28385
	Tier 1 Womens	\$90.50	28394	\$225	28388
	Tier 2 CoRec	\$90.50	28389	\$225	28382
Winter	Elite Mens	\$106.50	28408		
	Tier 1 Mens	\$90.50	28407	\$225	28400
	Tier 1 Womens	\$90.50	28409	\$225	28403
	Tier 1 CoRec	\$90.50	28411	\$225	28399
	Tier 2 Mens	\$90.50	28406	\$225	28401
	Tier 2 Womens	\$90.50	28410	\$225	28402
	Tier 2 CoRec	\$90.50	28404	\$225	28397
	Tier 4 CoRec	\$58.50	28405	\$175	28398



2010/2011 IMPORTANT DATES:

FALL TERM

Reg Deadline: Sep 20 - 23

No Games Scheduled: Oct 9, 10, 11

Rosters Due: Sep 23

Captain's Package Due: Sep 27

Waiver and Add/Drop Deadline: Oct 12

All-Star Day: Nov 6

WINTER TERM

Reg Deadline: Nov 30

No Games Scheduled: Feb 12 - 20

Rosters Due: Jan 3

Captain's Package Due: Jan 6

Waiver and Add/Drop Deadline: Jan 24

TODD ICE HOCKEY LEAGUE

Full 5 on 5 (plus a goalie) hockey. This non-contact league is played at UBC's Doug Mitchell Thunderbird Sports Centre, and games happen on all 3 rinks there, including the brand new Thunderbird Arena, which hosted Ice Hockey and Sledge hockey games at the 2010 Winter Olympic and Paralympic Games. Space is very limited, so register fast!

League Information

Location: Doug Mitchell Thunderbird Sports Centre

League Notes: Participants may play on only 1 team

Equipment Regulations: Full equipment, including, but not limited to shoulder pads, elbow pads, cup, pants, gloves, shin guards, hockey skates and a helmet with full cage or a half shield with a mouthguard is required

Min - Max Registrants: 10 - 22

Max # of Imports: 4

Min to Start Play: 5

Days of Play: Mon, Tue, Thu



	Section	UBC Student	
		Price	Course ID
Fall	Elite Mens	\$1600	28446
	Tier 1 Mens	\$1067.50	28444
	Tier 1 Womens	\$1067.50	28447
	Tier 2 Mens	\$1067.50	28445
	Tier 2 Womens	\$1067.50	28448
Winter	Elite Mens	\$1600	28451
	Tier 1 Mens	\$1067.50	28449
	Tier 1 Womens	\$1067.50	28452
	Tier 2 Mens	\$1067.50	28450
	Tier 2 Womens	\$1067.50	28453

HANDLEY CUP SOCCER LEAGUE

FALL 6-ON-6

Handley Cup Soccer is 6 on 6 (including a goalie) play. This outdoor league is played primarily on turf. From those looking to experience the game for the first time or those who live and breathe it... throw on your cleats and come on out! Shin guards are highly recommended.

League Information

Location: Thunderbird Park & Stadium
League Notes: Participants may play on 1 single gender team, 1 competitive CoRec team, and 1 Tier 4 CoRec team
Equipment Regulations: Cleats and shinguards are recommended
Min - Max Registrants: 8 - 20
Max # of Imports: 3
Min to Start Play: 5
CoRec Definition: minimum of 2 and a maximum of 3 of each gender. If there is more of 1 gender on the field for a team, that gender must be represented as the goalie
Days of Play: Sat, Sun

WINTER 11-ON-11

UBC REC's newest league. This is soccer in its purest form. Full field, 11 on 11 games with men's and women's tiers. Spots will be limited, so register early. Cleats and shin guards are recommended.

League Information

Location: Thunderbird Park & Stadium
League Notes: Participants may play on only 1 team
Equipment Regulations: Cleats and shinguards are recommended
Min - Max Registrants: 14 - 22
Max # of Imports: 4
Min to Start Play: 9
Days of Play: Sun



	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Elite Mens	\$106.50	28500		
	Tier 1 Mens	\$90.50	28501	\$225	28493
	Tier 1 Womens	\$90.50	28503	\$225	28496
	Tier 1 CoRec	\$90.50	28507	\$225	28497
	Tier 2 Mens	\$90.50	28502	\$225	28494
	Tier 2 Womens	\$90.50	28504	\$225	28495
	Tier 2 CoRec	\$90.50	28505	\$225	28498
	Tier 4 CoRec	\$58.50	28506	\$175	28499
Winter	Tier 1 Mens	\$133	28510	\$275	28508
	Tier 1 Womens	\$133	28511	\$275	28509

UBC REC Intramural League Sports schedule each team for one day of play per week.

THE ULTIMATE LEAGUE

The Ultimate League is UBC REC's only exclusively CoRec league sport. Whether you have a full repertoire of trick throws up your sleeve, or have never thrown a disc in your life, this sport is an awesome way to get friends together and get some exercise as well.

League Information

Location: Thunderbird Park & Stadium
League Notes: Participants may play on only 1 team
Equipment Regulations: Cleats are recommended
Min - Max Registrants: 8 - 20
Max # of Imports: 3
Min to Start Play: 6
CoRec Definition: 3 of each gender minimum
Days of Play: Sat, Sun



	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Tier 1 CoRec	\$90.50	28514	\$225	28512
	Tier 2 CoRec	\$90.50	28515	\$225	28513
Winter	Tier 1 CoRec	\$90.50	28518	\$225	28516
	Tier 2 CoRec	\$90.50	28519	\$225	28517

POINT GREY FLAG FOOTBALL LEAGUE

What better way to spend a Sunday night than under the bright lights of Thunderbird Park. Test your speed and agility in this high intensity league. Flag Football runs all year and is one of our fastest growing sports, so sign up early! Cleats are recommended for all play.

League Information

Location: Thunderbird Park
League Notes: Participants may play on only 1 team
Equipment Regulations: Cleats are recommended
Min - Max Registrants: 8 - 20
Max # of Imports: 3
Min to Start Play: 4
Days of Play: Sun



	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Tier 1 Mens	\$106.50	28416	\$275	28412
	Tier 1 Womens	\$106.50	28418	\$275	28414
	Tier 2 Mens	\$106.50	28417	\$275	28413
	Tier 2 Womens	\$106.50	28419	\$275	28415
Winter	Tier 1 Mens	\$106.50	28424	\$275	28420
	Tier 1 Womens	\$106.50	28426	\$275	28422
	Tier 2 Mens	\$106.50	28425	\$275	28421
	Tier 2 Womens	\$106.50	28427	\$275	28423

CROSS VOLLEYBALL LEAGUE

The Cross Volleyball League continues to be one of our most popular sport leagues. With a wide variety of team options, this league caters to all including those simply out for recreation and those looking for higher competition. Standard 6 player rules apply! Come on out and serve, set, spike! Games are played at both historic War Memorial Gym and at Osborne Gym A.

League Information

Location: War Memorial Gym and Osborne Gym A

League Notes: Participants may play on 1 single gender team, 1 competitive Co-Rec team, and 1 Tier 4 CoRec team

Equipment Regulations: Non-marking shoes are required

Min - Max Registrants: 8 - 20

Max # of Imports: 3

Min to Start Play: 5

CoRec Definition: Minimum of 2 to a maximum of 3 of each gender.

Days of Play: Thu, Sat, Sun



INTRAMURALS

	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Elite Mens	\$106.50	28463		
	Elite Womens	\$106.50	28466		
	Elite CoRec	\$106.50	28469		
	Tier 1 Mens	\$90.50	28464	\$225	28455
	Tier 1 Womens	\$90.50	28467	\$225	28457
	Tier 1 CoRec	\$90.50	28470	\$225	28461
	Tier 2 Mens	\$80	28465	\$200	28456
	Tier 2 Womens	\$80	28468	\$200	28458
	Tier 2 CoRec	\$80	28471	\$200	28459
	Tier 4 CoRec	\$58.50	28472	\$175	28460
Winter	Elite Mens	\$106.50	28482		
	Elite Womens	\$106.50	28485		
	Elite CoRec	\$106.50	28488		
	Tier 1 Mens	\$90.50	28483	\$225	28474
	Tier 1 Womens	\$90.50	28486	\$225	28476
	Tier 1 CoRec	\$90.50	28489	\$225	28480
	Tier 2 Mens	\$80	28484	\$200	28475
	Tier 2 Womens	\$80	28487	\$200	28477
	Tier 2 CoRec	\$80	28490	\$200	28478
	Tier 4 CoRec	\$58.50	28491	\$175	28479



UBC REC DODGEBALL LEAGUE

6 on 6 dodgeball action just like you remember from your elementary school days, but with some twists for even faster action. With no previous skills required, this league is an easy way to get involved in the leagues program!

League Information

Location: Student Recreation Centre

League Notes: Participants may play on only 1 team

Equipment Regulations: Non-marking shoes are required

Min - Max Registrants: 8 - 20

Max # of Imports: 3

Min to Start Play: 5

Days of Play: Tue



	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Tier 1 Mens	\$80	28432	\$200	28428
	Tier 1 Womens	\$80	28434	\$200	28430
	Tier 2 Mens	\$80	28433	\$200	28429
	Tier 2 Womens	\$80	28435	\$200	28431
Winter	Tier 1 Mens	\$80	28440	\$200	28436
	Tier 1 Womens	\$80	28442	\$200	28438
	Tier 2 Mens	\$80	28441	\$200	28437
	Tier 2 Womens	\$80	28443	\$200	28439

All prices are team rates unless otherwise listed and include applicable taxes.