

**OUTDOOR RECREATION**

Join us for exploration, adventure and expert instruction in a wide range of land and water-based outdoor activities. It is the goal of UBC REC to provide the university community with the opportunity and instruction to enjoy comfortable and safe adventure in the outdoors, including hiking, skydiving, kayaking, diving, and climbing. UBC REC strives to provide fun, hands-on instructional programs for novice and intermediate participants to learn the skills and safety concerns for a wide variety of outdoor activities in a supervised environment. Unless stated, no prior experience is required and in most cases, all group equipment for that activity is provided.

For more information, please contact:  
 UBC REC Coordinator, Sport & Instructional, Dave Gillis  
 604.822.1682 | dgillis@rec.ubc.ca

OUTDOOR REC

**UBC REC HIKING SNOW SERIES**

UBC REC is proud to offer for the first time the Hiking Snow Series! Enjoy the panoramic views from our beautiful mountainous areas while on a guided tour by snowshoe or cross country ski, these fun and exciting days are a great way to enjoy BC's local coast mountain ranges. All UBC REC guided hikes include transportation to and from the site, and a professional guide to lead the way ensuring a fun and safe day.

All hikes meet at the North Entrance of the Student Recreation Centre at UBC.

**Complete Series**

3 Sessions  
 Jan 16 - Mar 6  
 Sun 7:30am - 1:00pm  
 Reg by Jan 2

**Winter Information**

Section I Jan 16 Sun 7:30am - 1:00pm Reg by Jan 2	Section II Feb 6 Sun 7:30am - 1:00pm Reg by Jan 23	Section III Feb 27 Sun 7:30am - 1:00pm Reg by Feb 13
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Snow Hiking  
 Photo courtesy of Iwona Kellie

Hike	UBC Student		UBC Staff/ Faculty		Public	
	Price	Course ID	Price	Course ID	Price	Course ID
Complete Series	\$243	30389	\$260	30390	\$307	30391
Sec I	\$87	30388	\$93	30385	\$110	30382
Sec II	\$87	30387	\$93	30384	\$110	30381
Sec III	\$87	30386	\$93	30383	\$110	30380

**Interested in organizing a group hiking trip?**  
 Hikes can be a great team building activity, a fun way to spend the day with friends, a unique outing for your club, or an innovative way to introduce students new to the Vancouver area to the local area. Contact Dave Gillis to organize a group trip to any of our pre planned hike locations in any season by emailing dgillis@rec.ubc.ca.

## UBC REC HIKING SERIES

Offering panoramic views in beautiful mountainous areas and lush forested terrain, these day hikes are a great introduction to BC's Coast Mountain Ranges and are not to be missed. All UBC REC hikes include transportation to and from the site, professional guides, snacks, and a digital photo at the peak.

All hikes meet at the North Entrance of the Student Recreation Centre at UBC.

### Complete Series

Complete UBC REC Hiking Series - 10 Sessions

Sep 19 - Apr 17

Sun 7:00am - 5:00pm

Reg by Sep 12

### BEGINNER SERIES

Looking to get off on the right foot? UBC REC is proud to introduce the beginner series for those just learning to enjoy the panoramic views in beautiful mountainous areas and lush forested terrain, these day hikes are a great introduction to BC's Coast Mountain Ranges and are not to be missed.

Complete Beginner Series - 5

Sessions

Sep 19 - Apr 17

Sun 8:00am - 5:00pm

Reg by Sep 12

Beginner Hike 1

Sep 19

Sun 8:00am - 4:00pm

Reg by Sep 12

Beginner Hike 2

Oct 10

Sun 8:00am - 4:00pm

Reg by Oct 3

Beginner Hike 3

Nov 14

Sun 8:00am - 4:00pm

Reg by Nov 7

Beginner Hike 4

Mar 13

Sun 8:00am - 4:00pm

Reg by Mar 6

Beginner Hike 5

Apr 10

Sun 8:00am - 4:00pm

Reg by Apr 3

### INTERMEDIATE SERIES

UBC REC is proud to offer the Hiking Day Series for the intermediate hiker. Enjoy the breathtaking mountain scenery, tranquil lakes, and the lush vegetation of BC on these more challenging day hikes.

Complete Intermediate Series - 5

Sessions

Sep 26 - Apr 17

Sun 7:00am - 5:00pm

Reg by Sep 19

Intermediate Hike 1

Sep 26

Sun 7:00am - 5:00pm

Reg by Sep 19

Intermediate Hike 2

Oct 17

Sun 7:00am - 5:00pm

Reg by Oct 10

Intermediate Hike 3

Nov 21

Sun 7:00am - 5:00pm

Reg by Nov 14

Intermediate Hike 4

Mar 20

Sun 7:00am - 5:00pm

Reg by Mar 13

Intermediate Hike 5

Apr 17

Sun 7:00am - 5:00pm

Reg by Apr 10

Hike	UBC Student		UBC Staff/Faculty		Public	
	Price	Course ID	Price	Course ID	Price	Course ID
Complete Series	\$496	30393	\$552	30394	\$640	30395
Beginner Series	\$279	28240	\$311	28238	\$360	28233
Beginner Hike 1	\$62	28327	\$69	28236	\$80	28234
Beginner Hike 2	\$62	28239	\$69	28237	\$80	28235
Beginner Hike 3	\$62	28326	\$69	28325	\$80	28311
Beginner Hike 4	\$62	29538	\$69	29531	\$80	29529
Beginner Hike 5	\$62	29535	\$69	29532	\$80	29530
Intermediate Series	\$279	28322	\$311	28324	\$360	28323
Intermediate Hike 1	\$62	28319	\$69	28315	\$80	28312
Intermediate Hike 2	\$62	28320	\$69	28316	\$80	28313
Intermediate Hike 3	\$62	28321	\$69	28318	\$80	28314
Intermediate Hike 4	\$62	29547	\$69	29543	\$80	29539
Intermediate Hike 5	\$62	29548	\$69	29544	\$80	29540



Hiking Series

For the most up to date information about trip destinations for each hike visit <http://www.rec.ubc.ca/outdoor/hikingdaytrip>