

## INTRO TO ROCK CLIMBING (INDOOR)

This is an excellent two hour course designed for the absolute beginner. You will learn basic knots, belaying, and go over some of the basic climbing equipment that you will be using. After completing the course, participants are free to stay and climb to your rope's end! In fact, you can climb FREE for the first week following the course! All sessions take place at the Cliffhanger Climbing Gym-670 Industrial Ave.

### Fall Information

<i>Section I</i>	<i>Section II</i>	<i>Section III</i>
Sep 24	Oct 29	Nov 26
Fri 6:00 - 8:00pm	Fri 6:00 - 8:00pm	Fri 6:00 - 8:00pm
Reg by Sep 19	Reg by Oct 24	Reg by Nov 21

### Winter Information

<i>Section I</i>	<i>Section II</i>	<i>Section III</i>
Jan 28	Feb 25	Mar 25
Fri 6:00 - 8:00pm	Fri 6:00 - 8:00pm	Fri 6:00 - 8:00pm
Reg by Jan 23	Reg by Feb 20	Reg by Mar 20



Indoor Rock Climbing

## INTRO TO ROCK CLIMBING PLUS (INDOOR)

This course includes everything our introductory course offers PLUS an additional hour devoted entirely to climbing movements and technique. This course is an excellent way to help you excel in the world of climbing. Participants will receive a pass valid for a full week following the completion of the course. All sessions take place at the Cliffhanger Climbing Gym-670 Industrial Ave.

### Fall Information

<i>Section I</i>	<i>Section II</i>	<i>Section III</i>
Sep 24	Oct 29	Nov 26
Fri 6:00 - 9:00pm	Fri 6:00 - 9:00pm	Fri 6:00 - 9:00pm
Reg by Sep 19	Reg by Oct 24	Reg by Nov 21

### Winter Information

<i>Section I</i>	<i>Section II</i>	<i>Section III</i>
Jan 28	Feb 25	Mar 25
Fri 6:00 - 9:00pm	Fri 6:00 - 9:00pm	Fri 6:00 - 9:00pm
Reg by Jan 23	Reg by Feb 20	Reg by Mar 20

Section	UBC Student		UBC Staff/Faculty		Public	
	Price	Course ID	Price	Course ID	Price	Course ID
Fall - Sec I	\$100	28305	\$100	28302	\$100	28299
Fall - Sec II	\$100	28306	\$100	28303	\$100	28300
Fall - Sec III	\$100	28307	\$100	28304	\$100	28301
Winter - Sec I	\$100	29668	\$100	29665	\$100	29662
Winter - Sec II	\$100	29669	\$100	29666	\$100	29664
Winter - Sec III	\$100	29670	\$100	29667	\$100	29663

Section	UBC Student		UBC Staff/Faculty		Public	
	Price	Course ID	Price	Course ID	Price	Course ID
Fall - Sec I	\$78	28296	\$78	28293	\$78	28292
Fall - Sec II	\$78	28297	\$78	28294	\$78	28290
Fall - Sec III	\$78	28298	\$78	28295	\$78	28291
Winter - Sec I	\$78	29642	\$78	29645	\$78	29650
Winter - Sec II	\$78	29643	\$78	29646	\$78	29648
Winter - Sec III	\$78	29644	\$78	29647	\$78	29649

## SKYDIVING

Freefall tandem is the easiest, most enjoyable introduction to skydiving available. Experience the magnificence of human flight harnessed together through freefall, canopy descent, and a soft landing. All sessions take place at the Abbotsford Skydive Centre-5112 Gladwin Road.

### Fall Information

<i>Section I</i>	<i>Section II</i>
Sep 25	Oct 16
Sat all day	Sat all day
Reg by Sep 19	Reg by Oct 10

### Winter Information

<i>Section I</i>
Apr 23
Sat all day
Reg by Apr 17

Section	UBC Student		UBC Staff/Faculty		Public	
	Price	Course ID	Price	Course ID	Price	Course ID
Fall - Sec I	\$290	27663	\$290	27661	\$290	27659
Fall - Sec II	\$290	27664	\$290	27662	\$290	27660
Winter - Sec I	\$290	29343	\$290	29341	\$290	29339