

Looking to play a new sport or sharpen your skills in your favourite past time? Join the UBC REC League Sports Program. Our Leagues' competition structure provides all participants with levels of competition in which they can feel comfortable. From the Elite Division for the most skilled and experienced players to the CoRec Recreational level for fun-seekers, there is something for everyone!

**2011/2012 IMPORTANT DATES:**

**FALL TERM**

Reg Deadline: Sep 19 - 22  
 No Games Scheduled: Oct 8 - 10  
 Rosters Due: Sep 23

**WINTER TERM**

Reg Deadline: Dec 2  
 No Games Scheduled: Feb 18 - 26  
 Rosters Due: Jan 3

**POINT GREY FLAG FOOTBALL LEAGUE**

What better way to spend a Sunday night than under the bright lights of Thunderbird Park? Test your speed and agility in this high intensity league. Flag Football runs all year and is one of our fastest growing sports, so sign up early! Cleats are recommended for all play.

**League Information**

Location: Thunderbird Park  
 League Notes: Participants may play on only 1 team.  
 Equipment: Cleats are recommended.  
 Min - Max Registrants: 8 - 20  
 Max # of Imports: 3  
 CoRec Definition: CoRec not available.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Tier 1 Men's	\$106.50	37149	\$275	37145
	Tier 1 Women's	\$106.50	37151	\$275	37147
	Tier 2 Men's	\$106.50	37150	\$275	37146
	Tier 2 Women's	\$106.50	37152	\$275	37148
Winter	Tier 1 Men's	\$106.50	37241	\$275	37237
	Tier 1 Women's	\$106.50	37243	\$275	37239
	Tier 2 Men's	\$106.50	37242	\$275	37238
	Tier 2 Women's	\$106.50	37244	\$275	37240



Point Grey Football

**THE ULTIMATE LEAGUE**

The Ultimate League is UBC REC's only exclusively CoRec league sport. Whether you have a full repertoire of trick throws up your sleeve, or have never thrown a disc in your life, this sport is an awesome way to get friends together and get some exercise as well. All games will be played at UBC's Thunderbird Park.

**League Information**

Location: Thunderbird Park  
 League Notes: Participants may play on only 1 team.  
 Equipment: Cleats are recommended.  
 Min - Max Registrants: 8 - 20  
 Max # of Imports: 3  
 CoRec Definition: 3 of each gender minimum.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Tier 1 CoRec	\$90.50	37175	\$225	37173
	Tier 2 CoRec	\$90.50	37176	\$225	37174
Winter	Tier 1 CoRec	\$90.50	37267	\$225	37265
	Tier 2 CoRec	\$90.50	37268	\$225	37266



UBC REC Dodgeball

**UBC REC DODGEBALL LEAGUE**

6 on 6 dodgeball action just like you remember from your elementary school days, but with some twists for even faster action. With no previous skills required, this is an easy way to get involved in the leagues program!

**League Information**

Location: Student Recreation Centre  
 League Notes: Participants may play on only 1 team.  
 Equipment: Non-marking shoes are required.  
 Min - Max Registrants: 8 - 20  
 Max # of Imports: 2  
 CoRec Definition: CoRec not available.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Tier 1 Men's	\$80	37109	\$200	37105
	Tier 1 Women's	\$80	37111	\$200	37107
	Tier 2 Men's	\$80	37110	\$200	37106
	Tier 2 Women's	\$80	37112	\$200	37108
Winter	Tier 1 Men's	\$80	37212	\$200	37208
	Tier 1 Women's	\$80	37214	\$200	37210
	Tier 2 Men's	\$80	37213	\$200	37209
	Tier 2 Women's	\$80	37215	\$200	37211

All prices are team rates unless otherwise listed and include applicable taxes.



Ultimate

### TODD ICE HOCKEY LEAGUE

Full 5 on 5 (plus a goalie) hockey. This non-contact league is played at the Doug Mitchell Thunderbird Sports Centre, and games happen on all 3 rinks there, including the Doug Mitchell Thunderbird Arena, which was host to ice hockey and sledge hockey games at the 2010 Winter Olympic and Paralympic Games. Space is very limited, so register fast!

#### League Information

Location: Doug Mitchell Thunderbird Sports Centre

League Notes: Participants may play on only 1 team.

Equipment: Full equipment, including but not limited to: shoulder pads, elbow pads, cup, pants, gloves, shin guards, hockey skates and a helmet with full cage or half shield with a mouthguard is required.

Min - Max Registrants: 10 - 22

Max # of Imports: 4

CoRec Definition: CoRec not available.

Term	Section	UBC Student	
		Price	Course ID
Fall	Elite Men's	\$1700	37170
	Tier 1 Men's	\$1125	37168
	Tier 1 Women's	\$1125	37171
	Tier 2 Men's	\$1125	37169
	Tier 2 Women's	\$1125	37172
Winter	Elite Men's	\$1700	37262
	Tier 1 Men's	\$1125	37260
	Tier 1 Women's	\$1125	37263
	Tier 2 Men's	\$1125	37261
	Tier 2 Women's	\$1125	37264



Todd Ice Hockey



Bodin Ball Hockey



### BODIN BALL HOCKEY LEAGUE

Street hockey without all those pesky cars! Helmet, gloves, and a stick are all you need to get going in this action packed sport. The non-contact league has been a staple of the program for years. All games take place in the enclosed concrete Gym F at Osborne Centre. It is mandatory that all participants in the league wear a CSA approved helmet with full shield or a half visor with a mouth guard and CSA approved hockey gloves. Goalie equipment is not available through UBC REC.

#### League Information

Location: Osborne Gym F

League Notes: Participants may play on 1 single gender team, and 1 tier 4 team.

Equipment: Helmet with full cage or half shield with a mouth guard, and hockey gloves are required.

Min - Max Registrants: 8 - 20

Max # of Imports: 3

CoRec Definition: 2 of each gender out on the court, goalie can be either gender.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Elite Men's	\$106.50	37080		
	Tier 1 Men's	\$90.50	37081	\$225	37075
	Tier 1 Women's	\$90.50	37083	\$225	37077
	Tier 2 Men's	\$90.50	37082	\$225	37076
	Tier 2 Women's	\$90.50	37084	\$225	37078
	Tier 4 CoRec	\$58.50	37085	\$175	37079
Winter	Elite Men's	\$106.50	37183		
	Tier 1 Men's	\$90.50	37184	\$225	37178
	Tier 1 Women's	\$90.50	37186	\$225	37180
	Tier 2 Men's	\$90.50	37185	\$225	37179
	Tier 2 Women's	\$90.50	37187	\$225	37181
	Tier 4 CoRec	\$58.50	37188	\$175	37182

## Cross Volleyball League

The Cross Volleyball League continues to be one of our most popular sport leagues. With a wide variety of team options, this league caters to all, including those simply out for recreation and those looking for higher competition. Standard 6 player rules apply! Come on out and serve, set, spike! Games are played at both historic War Memorial Gym and at Osborne Gym A.

### League Information

Location: War Memorial Gym and Osborne Gym A

League Notes: Participants may play on 1 single gender team, 1 competitive Co-Rec team, and 1 tier 4 team.

Equipment: Non-marking shoes are required.

Min - Max Registrants: 8 - 20

Max # of Imports: 3

CoRec Definition: Minimum of 2 to a maximum of 3 of each gender.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Elite Men's	\$106.50	37094		
	Elite Women's	\$106.50	37097		
	Elite CoRec	\$106.50	37100		
	Tier 1 Men's	\$90.50	37095	\$225	37086
	Tier 1 Women's	\$90.50	37098	\$225	37088
	Tier 1 CoRec	\$90.50	37101	\$225	37092
	Tier 2 Men's	\$80	37096	\$200	37087
	Tier 2 Women's	\$80	37099	\$200	37089
	Tier 2 CoRec	\$80	37102	\$200	37090
	Tier 4 CoRec	\$58.50	37103	\$175	37091
Winter	Elite Men's	\$106.50	37197		
	Elite Women's	\$106.50	37200		
	Elite CoRec	\$106.50	37203		
	Tier 1 Men's	\$90.50	37198	\$225	37189
	Tier 1 Women's	\$90.50	37201	\$225	37191
	Tier 1 CoRec	\$90.50	37204	\$225	37195
	Tier 2 Men's	\$80	37199	\$200	37190
	Tier 2 Women's	\$80	37202	\$200	37192
	Tier 2 CoRec	\$80	37205	\$200	37193
	Tier 4 CoRec	\$58.50	37206	\$175	37194



Cross Volleyball



Nitobe Basketball

## Nitobe Basketball League

The Nitobe Basketball league features full court 5-on-5 play in the Student Recreation Centre and in War Memorial Gym for teams in the Elite tier. Whether you are reliving your high school glory days, or just want to learn the game and have a good time, this league has something for everyone.

### League Information

Location: Student Recreation Centre and War Memorial Gym

League Notes: Participants may play on 1 single gender team, 1 competitive CoRec team, and 1 tier 4 team.

Equipment: Non-marking shoes are required.

Min - Max Registrants: 8 - 20

Max # of Imports: 3

CoRec Definition: 2 of each gender minimum.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Elite Men's	\$106.50	37136		
	Elite Women's	\$106.50	37139		
	Tier 1 Men's	\$90.50	37137	\$225	37129
	Tier 1 Women's	\$90.50	37140	\$225	37131
	Tier 1 CoRec	\$90.50	37144	\$225	37134
	Tier 2 Men's	\$90.50	37138	\$225	37130
	Tier 2 Women's	\$90.50	37141	\$225	37132
	Tier 2 CoRec	\$90.50	37142	\$225	37135
	Tier 4 CoRec	\$58.50	37143	\$175	37133
	Winter	Elite Men's	\$106.50	37228	
Elite Women's		\$106.50	37231		
Tier 1 Men's		\$90.50	37229	\$225	37221
Tier 1 Women's		\$90.50	37232	\$225	37223
Tier 1 CoRec		\$90.50	37236	\$225	37226
Tier 2 Men's		\$90.50	37230	\$225	37222
Tier 2 Women's		\$90.50	37233	\$225	37224
Tier 2 CoRec		\$90.50	37234	\$225	37227
Tier 4 CoRec		\$58.50	37235	\$175	37225

All prices are team rates unless otherwise listed and include applicable taxes.

## SRC FUTSAL LEAGUE

Escape soggy shoe syndrome and come on inside! Now offered in both semesters, this extremely popular, fast paced sport is played in the Student Recreation Centre. A kicking good time is just waiting to be had.

### League Information

Location: Student Recreation Centre

League Notes: Participants may play on 1 single gender team, 1 competitive CoRec team, and 1 tier 4 team.

Equipment: Non-marking Shoes are required and shin guards are recommended.

Min - Max Registrants: 8 - 20

Max # of Imports: 3

CoRec Definition: 2 of each gender out on the court, goalie can be either gender.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Tier 1 Men's	\$90.50	37163	\$225	37156
	Tier 1 Women's	\$90.50	37165	\$225	37159
	Tier 2 CoRec	\$90.50	37160	\$225	37153
Winter	Elite Men's	\$106.50	37256		
	Tier 1 Men's	\$90.50	37255	\$225	37248
	Tier 1 Women's	\$90.50	37257	\$225	37251
	Tier 1 CoRec	\$90.50	37259	\$225	37247
	Tier 2 Men's	\$90.50	37254	\$225	37249
	Tier 2 Women's	\$90.50	37258	\$225	37250
	Tier 2 CoRec	\$90.50	37252	\$225	37245
Tier 4 CoRec	\$58.50	37253	\$175	37246	



## HANDLEY CUP SOCCER LEAGUE - 6V6

This outdoor league is 6-on-6 (including a goalie) and played primarily on turf. From those looking to experience the game for the first time to those who live and breathe it, throw on your cleats and come on out!

### League Information

Location: Thunderbird Park & Stadium

League Notes: Participants may play on 1 single gender team, 1 competitive CoRec team, and 1 tier 4 team.

Equipment: Cleats and shinguards are recommended.

Min - Max Registrants: 8 - 20

Max # of Imports: 3

CoRec Definition: A minimum of 2 and a maximum of 3 of each gender. If there is more of 1 gender on the field for a team, that gender must be represented as the goalie.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Fall	Elite Men's	\$106.50	37120		
	Tier 1 Men's	\$90.50	37121	\$225	37113
	Tier 1 Women's	\$90.50	37123	\$225	37116
	Tier 1 CoRec	\$90.50	37127	\$225	37117
	Tier 2 Men's	\$90.50	37122	\$225	37114
	Tier 2 Women's	\$90.50	37124	\$225	37115
	Tier 2 CoRec	\$90.50	37125	\$225	37118
	Tier 4 CoRec	\$58.50	37126	\$175	37119

## HANDLEY CUP SOCCER LEAGUE - 11V11

This is soccer in its purest form. Full field, 11-on-11 games with men's and women's tiers. Spots will be limited, so register early.

### League Information

Location: Thunderbird Park & Stadium

League Notes: Participants may play on only 1 team

Equipment: Cleats and shinguards are recommended

Min - Max Registrants: 14 - 22

Max # of Imports: 4

CoRec Definition: CoRec not available.

Term	Section	UBC Student		UBC Staff/Faculty	
		Price	Course ID	Price	Course ID
Winter	Tier 1 Men's	\$133	37218	\$275	37216
	Tier 1 Women's	\$133	37219	\$275	37217



# Friday Night Drop-In Soccer

September — April • 7-9pm • UBC Thunderbird Stadium

[www.sportfacilities.ubc.ca](http://www.sportfacilities.ubc.ca)